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**EDUCATION:**                   **SIMMONS COLLEGE SCHOOL OF SOCIAL WORK**  
Boston, MA  
Master of Social Work, May 2005

**CURRY COLLEGE**  
Milton, MA  
Bachelor of Arts in Psychology and Criminal Justice, May 2002  
Achievements: Summa cum Laude graduate; 3.9 GPA  
Member: Alexander Graham Bell Honor Society

**LICENSES:**                   **Licensed Independent Clinical Social Worker** – Massachusetts  
**Licensed Clinical Social Worker**- Florida

**CERIFICATIONS:**       **Certified Mental Health Integrated Medicine Provider**  
**Certified Personal Trainer**  
**Certified Nutrition Coach**

**PROFESSIONAL MEMBERSHIPS:** Massachusetts Association of Guardians ad Litem  
2012-2020

Association of Family and Conciliation Courts  
2012-2020

**ELECTED ROLES:**       **Town of Hanson Board of Health (2022-2023)**

- Chair November 2022- July 2023
- Member May 2022-November 2022

**WORK EXPERIENCE:**

**PRIVATE PRACTICE – SOCIAL WORK**  
**November 2005 – present**  
Newton, MA  
Private Case Management, Individual/Family Therapy and Family Forensic Practice

- Provide individual case management services
  - Coordinate care with outpatient treatment team
  - Refer and recommend services to individuals with major mental illnesses/addictions/personality disorders/forensic involvement
  - Conduct individual, family and systems meetings for psychoeducational and planning purposes
- Serve as Parent Coordinator /Guardian ad Litem
  - Develop parenting plans for divorced/divorcing families
  - Provide coaching to divorced/divorcing parents
  - Offer mediation and arbitrated decisions when necessary
  - Coordinate with the Probation Department/Counsel/Court
  - Conduct comprehensive investigations at the appointment of the Probate and Family Court relative to custody and parenting issues
- Provide individual and family therapy services
  - Bipolar and Psychotic Disorders
  - Major Depression and Anxiety
  - Dual Diagnosis

- Personality Disorders
- Substance Abuse

**MCLEAN HOSPITAL**

**April 2013 – September 2021**

Belmont, MA

Clinical Team Manager – per diem

Bipolar and Psychotic Disorders Division/Pavilion

- Facilitate coordination of care as primary clinician of multidisciplinary team
- Conduct psychosocial assessments
- Develop treatment plans
- Provide individual psychotherapy and case management
- Provide group psychotherapy
- Conduct psychoeducational and aftercare planning meetings with systems and families
- Develop aftercare discharge plans

**MCLEAN HOSPITAL**

**May 2018 – October 2018**

Belmont, MA

Co-acting Program/Admissions Director

Appleton

- Oversaw administrative functions of the program
- Interviewed and hired clinical and direct care staff
- Interfaced with larger management bodies to increase census and improve program standing within the hospital
- Provided clinical oversight and supervision to LICSW and CRC staff
- Managed all admission inquiries and conducted clinical screenings
- Increased the census from 13 to 21 within 4 months
- Facilitated rounds, staff meetings, and administrative meetings

**MCLEAN HOSPITAL**

**October 2016 – 2018**

Belmont, MA

Co-facilitator:

Social Work Consultation Group

Facilitator:

LCSW Supervision and Consultation Group

**MCLEAN HOSPITAL**

**January 2010 – April 2013**

Belmont, MA

Clinical Team Manager – Appleton Continuing Care Program

Bipolar and Psychotic Disorders Division

- Facilitated coordination of care as primary clinician of multidisciplinary team
- Conducted psychosocial assessments
- Developed treatment plans
- Provided individual psychotherapy and case management
- Provided group psychotherapy
- Conducted psychoeducational and aftercare planning meetings with systems and families

- Developed aftercare discharge plans
- Participated in administrative functions of the program, including interviewing, referral screening, budgetary discussions, and programmatic planning
- Supervised MSW interns assigned to the program
- Provided clinical supervision to LCSW employees seeking hours for LICSW consideration

#### **MCLEAN HOSPITAL**

**May 2005 – December 2009**

Belmont, MA

Inpatient Case Manager – Bipolar and Psychotic Disorders

- Conducted psychosocial assessments
- Developed treatment plans
- Provided individual psychotherapy and case management
- Provided group psychotherapy
- Conducted psychoeducational and aftercare planning meetings with systems and families
- Developed aftercare discharge plans
- Conducted insurance utilization reviews

#### **MCLEAN HOSPITAL SOUTHEAST**

**September 2004 – May 2005**

Brockton, MA

Partial Hospital and Inpatient Case Manager MSW Intern

- Conducted intake psychosocial evaluations
- Developed treatment plans
- Provided individual psychotherapy and case management
- Facilitated therapy groups
- Developed aftercare discharge plans

#### **NORFOLK PROBATE AND FAMILY COURT**

**September 2003 – May 2004**

Canton, MA

Probation Department MSW Intern

- Conducted custody and visitation investigations
- Prepared comprehensive family/individual assessments
- Shadowed dispute resolution interventions
- Presented case material at court hearings
- Completed trainings in domestic violence, interviewing therapists, substance abuse, substance screening, conducting site visits, mediation skills, and testifying
- Acted as visitation supervisor

#### **PSYCHOLOGICAL SERVICES, INC.**

**October 1998 – July 2003**

Braintree, MA

Assistant to Forensic Psychologist

- Gathered forensic behavioral data and assisted in preparing forensic psychological reports for use in Court proceedings
- Conducted case law research and professional psychological research in preparation for testimony in Court
- Assisted in developing parenting plans for Court ordered parenting coordinator cases and Guardian ad Litem cases
- Provided case management of over 300 Court ordered evaluations
- Prepared legal documents (i.e. Motions, Memorandums, Reports to the Court, Parenting Assessments, etc)

**MASSACHUSETTS TREATMENT CENTER FOR SEXUALLY DANGEROUS PERSONS –**

**October 1998 - July 2001**

Bridgewater Correctional Complex

Assistant to Director of Psychology Department

- Coordinated Community Access Board (CAB) meetings
- Briefed Community Access Board members for inmate annual reviews
- Prepared treatment data and history for Section 9 (release) hearings

**AWARDS AND NOMINATIONS:**

- McLean Staff Associates Nominee (June 2009)
- Heroes in the Flight Award Nominee, NAMI Massachusetts (May 2007)

**COMMITTEES:**

- Town of Hanson Transfer Station Committee-Chair  
April 2023-present
- Schwartz Rounds Planning Committee – McLean Hospital  
August 2010-2013
- Military Volunteer Committee – McLean Hospital  
November 2010-2013
- Core Values Committee – McLean Hospital  
March 2009- 2012
- Perceptions of Care Committee- McLean Hospital  
January 2008-2011

**LECTURES:**

- Cognitive Behavioral Approaches to Treating and Understanding Addiction  
Learn 2 Cope Support Group guest lecturer  
(Cambridge site)  
August 2016
- Cognitive Behavioral Approaches to Treating and Understanding Addiction  
Learn 2 Cope Support Group guest lecturer  
(Cambridge and Quincy sites)  
August 2013
- Ask the Expert: Psychotic Disorders  
National Council Annual Meeting  
October 2012
- Cognitive Behavioral Approaches to Treating and Understanding Addiction  
Learn 2 Cope Support Group guest lecturer (Lowell and Brockton sites)  
July 2012
- Caregivers as Patients  
Schwartz Rounds-McLean Hospital  
December 2010
- Exercise and Nutrition to Manage Mood and Anxiety  
Depression and Bipolar Support Alliance-Pembroke Hospital  
May 2005

